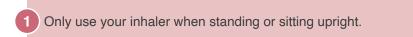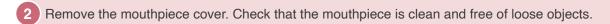This information is for patients who have been prescribed a
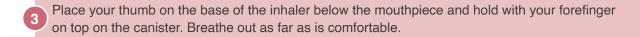
Kelhale® (beclometasone dipropionate) Metered-Dose Inhaler

Cipla

How to use Kelhale®

Please read the section in your package leaflet entitled "testing your inhaler".
A new inhaler first shows "200" in the dose indicator window,
denoting the number of puffs in the inhaler.

1. Only use your inhaler when standing or sitting upright.

2. Remove the mouthpiece cover. Check that the mouthpiece is clean and free of loose objects.

3. Place your thumb on the base of the inhaler below the mouthpiece and hold with your forefinger on top on the canister. Breathe out as far as is comfortable.

4. Hold the mouthpiece between your teeth, with as little pressure as possible. Use your lips to form a tight seal.

5. Breathe in slowly and deeply through your mouth. Just after you begin to breathe in, press down firmly on the top of the canister. This will release a dose of medicine. Continue to breathe in steadily and deeply.

6. Hold your breath for a few seconds after removing the inhaler from your mouth.

7. If your doctor has told you to take more than one puff per dose, wait 60 seconds, and then repeat steps 3-6.

8. Replace the mouthpiece cover.

9. Rinse your mouth thoroughly with water to prevent sore mouth or thrush.

Dose indicator

- On the back of your Kelhale® inhaler is a dose indicator to help you keep track of the amount of medicine left in the canister.

- A new inhaler contains 200 doses. As you use the inhaler, the number on the back will reduce from 200 to 0. Every dose you take counts, but **the indicator changes only every 20 doses.**

- You should request a replacement inhaler when you get to 40 doses remaining.

- When the dose indicator displays 0, stop using the inhaler. This is because the canister may no longer deliver a full dose.

If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at https://yellowcard.mhra.gov.uk/ or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

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